

# Aboriginal Sport and Wellness Council of Ontario & N-7



**Multi-Sport Camp:  
AKWESASNE MOHAWK TERRITORY**

## CAMP DETAILS

Date: July 6th- 9th, 2016

Location: Akwesasne Mohawk Territory

Main Contact: Geraldine Jacobs, A'nowara'ko:wa Arena Manager

Email: geraldine.jacobs@akwesasne.ca

Phone: Geraldine (613) 936-1583

Registration Costs: \$90.00 Overnight Campers (Accommodations, shuttle transportation & food incl  
\$45.00 Day Campers

Camp Mission: To provide opportunities for our young people that will foster and enhance skill development in sports and recreation.

## ABOUT

The Aboriginal Sport & Wellness Council in partnership with N7 will provide athletes from the community an opportunity to develop their skill and build capacity within 2 sporting events that the community has decided as a priority. The Aboriginal Sport & Wellness Council will also introduce a 3rd new event to the community which will hopefully inspire athletes to continue on with that particular sport and enhance their skill level. Our goal is to provide opportunities but also to develop and prepare athletes for high level performance.

## LOCATION



A'NOWARA'KO:WA ARENA



St. Lawrence River



Thompson Island Cultural Camp



Thompson Island Camps



A'NOWARA'KO:WA ARENA

## STAFF

### Camp Director: Geraldine Jacobs



Kahnastatsi (Geraldine) Jacobs has obtained many levels of education, including her Associates Degree in Recreation Administration, Bachelor of Science in Physical Leisure Education and Master of Arts in General Education. To accompany this outstanding resume, she continues to gain multiple sport and leadership certifications while having also received recognition that is specific to national or provincial titles in coaching for cross country and volleyball.

As a local sport enthusiast to Akwesasne, she enjoys creating and supporting opportunities that enhance the quality of their youth in sports and recreation activities – including her grand children.

### Cultural Camp Director: Waylon Cook



Waylon Cook, Wolf Clan and Hotinonshon:ni from the Mohawk Nation, is a resident of Akwesasne. Upon successfully graduating from the Environmental Technician Program at St. Lawrence College in 2009, he was immediately hired at the Mohawk Council of Akwesasne Environment Department. Waylon began working as an Environmental Field Technician prior to becoming an Environmental Assessment Officer. In 2012, he also took on the role as a co-coordinator to Bob Stevenson (Elder) at Thompson Island Cultural Camps.

Over his years of working with the Environment Department and learning from local medicine people, Waylon has been able to retain an understanding for traditional plant medicine uses. He also enjoys being outdoors in our natural environment, and sharing his knowledge with youth.

### Camp Staff:

- Mekwan Tulpin (South East RC, ASWCO)
- Wes Marsden (Operations/Communications, ASWCO)
- Trysten Thompson – Arena Aid
- Elisha King, ED. - Iakwa'shatste Youth Fitness
- Melissa Oakes, Founder/Head Coach - AKWE SMASH Beach Volleyball Club
- Mike Thompson - Thompson & Sons Lacrosse Company
- Isabelle Aube, Aboriginal Sport Consultant/Soccer Instructor
- Amber Cook, Soccer Instructor Assistance
- Joel Richer, Fang Shen Do Beyond Martial Arts/Patenaude
- Shannon Hall, Tai-Chi Student/Health & Wellness Coach
- Community Health (Yoga, Circuit Training, Nutrition & Fitness)
- Maheengun, Bernadette and Noodin Shawanda - Great Lakes Cultural Camps
- Bob Stevenson - Thompson Island Cultural Camp

## ATHLETES



Past NAIG Athletes



Ty Thompson



Keir Johnston

## PARTNERS

- Mohawk Council of Akwesasne
- CKON FM 97.3 - Akwesasne Mohawk Radio
- Good Minds Program & Community Health
- Akwesasne Child and Family Services
- Southern Ontario Aboriginal Diabetes Initiative
- Great Lakes Cultural Camps & ORCKA
- Thompson Island Cultural Camps
- Akwesasne Mohawk Board of Education
- Native North American Travelling College
- High Five Ontario (Tuesday, July 5th - Training)
- Patenaude Martial Arts Program



## SPORTS/ACTIVITIES

- Lacrosse (Box, Women's & Men's Field)
- Volleyball (Beach/Grass)
- Soccer (outdoor)
- Canoe/Kayaking & Certification (Safe Canoe & Basic Canoe Level)

## PARTNERS



### Learn | Play | Explore with Great Lakes Cultural Camps

Your Great Lakes Cultural Camps experience is more than just a summer camp! We're all about making memories, culture, fun, leadership, training opportunities and outdoor adventure certification. Great Lakes Cultural Camps unique programming is designed to promote the proper delivery of outdoor adventure programming through the development of knowledgeable competent leadership. We look forward to sharing our rich and vibrant culture with you in the outdoors.

### Meet The Team



**Maheengun (Wolf)** is an Odawa-Cree, crane clan and the Founder & Director of Great Lakes Cultural Camps, a year-round mobile Indigenous Outdoor Education Centre on Mnidoo-mnising (Manitoulin Island) and beyond. He is an outdoor educator specializing in adventure-based education. He is a wilderness guide, whitewater kayak and canoe instructor, Northern traditional dancer, licensed trapper and subsistence hunter. He married and the father of 5 children.

**Bernadette - Naanowe Kamik Gokwe (One that comes from the centre of the earth).** She is known affectionately to many as Small Cook. She is a wife, mother and grandmother from Mnidoo-mnising. She is an Odawa-Ojibwe and martin clan. Along with her husband (Maheengun) they have small family-run business (Great Lakes Cultural Camps) that develops and provides high quality programs which recognizes the value of being active in the outdoors; and what it can bring to people's lives. She has a passion for cooking Anishinaabe traditional foods, stewardship projects, remote wilderness canoe trips and youth. She is a wilderness guide, whitewater kayak instructor and Northern traditional buckskin dancer.

**Noodin Niimebin (Wind Dancer)** is an Odawa-Cree, crane clan from Mnidoo-mnising. He recently completed his first year at Algoma University majoring in history. He is an active contributing member of the student body including: Algoma Thunderbirds varsity wrestling team, Shingwauk Kinoomaage Gamig weekly bead night and language table - Anishinaabe Doopowin. He woodland traditional dancer, licensed trapper, subsistence hunter, cultural outdoor educator, canoe instructor and NLS life guard for Great Lakes Cultural Camps. Noodin represented Team Ontario in the U19 Archery during the 2014 North American Indigenous Games.



## CAMP CURRICULUM

- **Lacrosse** - Fundamentals (scooping, cradling, passing, catching, defence, shooting), equipment, body position and protecting the Stick, dodging, faking, loose balls, defensive stance and skills, goaltending, transition and forwards, scholastic opportunities available to athletes. Lacrosse styles and history
- **Volleyball** - Stance, shuffling, setting, bumping, offense, defense, spiking, serving, blocking, rules, fun games
- **Soccer** - Dribbling, passing, receiving, control, kicking and shooting, moves, trapping, communicating, agility, balance and coordination
- **Canoe/Kayak** - general skills (enter/exit, balance, paddling skills/mechanics, switching, rafting up, landing, strokes), maneuvers (forward, pivoting, paddling in cadence, stopping, backing up) and knowledge (equipment, lifts and carries, etiquette)
- **Inspirational Challenge with Great Lakes Cultural Camps** - Join us for our hands-on, fun and highly successful experiential learning program. Spend the afternoon filled with adventure based learning, non-competitive team-play, tribal traditional games and Indigenous culture. The messages also affirm the importance of cultural pride and spiritual grounding in one's life.

## AWSCO REGION

- South East

